



## Detailed evaluation

Rukkalns, Juris

Club: RAGANA

Number: 1261

Course: 23.00 km

Stirnu buks

Category:

VB4B

Total time: 2:24:14

Speed: 9.57 km/h

Rank in course/Total: 111 (of 379)

Rank in course/Men: 96 (of 253)

Best time in course: 1:34:38

Rank in category: 4(of 11)

Best time in the category: 2:08:52

| Intermediate times |          |            |            | Stage score |             |         |            | Total ranking |            |            |          |             |         |            |
|--------------------|----------|------------|------------|-------------|-------------|---------|------------|---------------|------------|------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split km/h | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| 101                | 4.75     | 23:02      | 10.42      | 3           | 0:29        | 63      | 6:44       | 4.75          | 23:02      | 10.42      | 3        | 0:29        | 63      | 6:44       |
| 102                | 0.25     | 5:11       | 0.00       | 10          | 1:32        | 226     | 3:00       | 5.00          | 28:13      | 10.63      | 3        | 2:01        | 82      | 9:32       |
| 103                | 5.00     | 32:52      | 9.13       | 4           | 3:20        | 95      | 10:37      | 10.00         | 1:01:05    | 9.82       | 3        | 5:21        | 83      | 19:23      |
| 104                | 7.00     | 38:38      | 10.87      | 4           | 4:19        | 109     | 12:42      | 17.00         | 1:39:43    | 10.23      | 5        | 9:40        | 91      | 31:56      |
| 106                | 4.00     | 25:45      | 9.32       | 5           | 3:29        | 117     | 9:51       | 21.00         | 2:05:28    | 10.04      | 4        | 13:09       | 91      | 41:47      |
| Finish             | 2.00     | 18:46      | 6.39       | 5           | 2:13        | 135     | 7:49       | 23.00         | 2:24:14    | 9.57       | 4        | 15:22       | 97      | 1:13:33    |