



Stirnu Buks II

Gaujas Nacionala Parka / 21.05.2016

Detailed evaluation

Kopmanis, Jānis

Club: LSC

Number: 1143

Course: 23.00 km

Stirnu buks

Category:

VB3B

Total time: 2:32:33

Speed: 9.05 km/h

Rank in course/Total: 170 (of 379)

Rank in course/Men: 140 (of 253)

Best time in course: 1:34:38

Rank in category: 34(of 72)

Best time in the category: 1:47:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
101	4.75	23:48	10.08	23	80	5:43	7:30	4.75	23:48	10.08	23	80	5:43	7:30
102	0.25	4:17	0.00	31	128	1:36	2:06	5.00	28:05	10.68	22	80	6:53	9:24
103	5.00	33:11	9.04	21	101	7:44	10:56	10.00	1:01:16	9.79	21	85	14:37	19:34
104	7.00	39:03	10.76	25	114	9:52	13:07	17.00	1:40:19	10.17	20	96	24:29	32:32
106	4.00	30:53	7.77	51	197	12:11	14:59	21.00	2:11:12	9.60	27	126	36:40	47:31
Finish	2.00	21:21	5.62	51	193	8:12	10:24	23.00	2:32:33	9.05	36	142	1:21:52	1:21:52