



Detailed evaluation

Lapiņa, Laura

Club: Siguldas izlase / Veikals MARATONS
Number: 1284

Course: 23.00 km
Stirnu buks

Category:
SB3B

Total time: 2:07:18

Speed: 10.84 km/h

Rank in course/Total: 48 (of 379)

Rank in course/Women: 3 (of 126)

Best time in course: 2:00:10

Rank in category: 1(of 34)

Best time in the category: 2:07:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
101	4.75	21:12	11.32	1	-	2	0:15	4.75	21:12	11.32	1	-	2	0:15
102	0.25	4:15	0.00	2	0:39	10	0:54	5.00	25:27	11.79	1	-	2	0:35
103	5.00	29:41	10.11	1	-	3	2:12	10.00	55:08	10.88	1	-	2	2:47
104	7.00	34:31	12.17	2	0:08	4	1:55	17.00	1:29:39	11.38	1	-	3	4:42
106	4.00	22:03	10.88	2	0:05	4	1:29	21.00	1:51:42	11.28	1	-	3	6:11
Finish	2.00	15:36	7.69	2	0:24	4	0:57	23.00	2:07:18	10.84	1	-	3	7:08