



Stirnu Buks II

Gaujas Nacionala Parka / 21.05.2016

Detailed evaluation

Goša, Ilze

Club: Maratona klubs

Number: 2301

Course: 13.00 km

Zakis

Category:

SZ3C

Total time: 1:41:16

Speed: 7.70 km/h

Rank in course/Total: 469 (of 710)

Rank in course/Women: 162 (of 341)

Best time in course: 1:00:10

Rank in category: 128(of 270)

Best time in the category: 1:00:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
101	4.75	30:23	7.90	96	124	12:04	12:04	4.75	30:23	7.90	96	124	12:04	12:04
102	0.25	6:27	0.00	192	243	2:58	2:58	5.00	36:50	8.14	112	149	14:57	14:57
104	7.00	49:03	8.56	140	174	19:37	19:37	12.00	1:25:53	8.38	122	155	34:34	34:34
Finish	1.00	15:23	3.90	163	207	6:32	6:32	13.00	1:41:16	7.70	128	162	41:06	41:06