



Detailed evaluation

Spickus, Urzula

Club: RigaPlaza
Number: 1157

Course: 23.00 km
Stirnu buks

Category:
SB3B

Total time: 3:27:13

Speed: 6.66 km/h

Rank in course/Total: 348 (of 379)

Rank in course/Women: 104 (of 126)

Best time in course: 2:00:10

Rank in category: 28(of 34)

Best time in the category: 2:07:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
101	4.75	33:13	8.58	28	12:01	107	12:16	4.75	33:13	8.58	28	12:01	107	12:16
102	0.25	5:34	2.69	22	1:58	79	2:13	5.00	38:47	7.74	26	13:20	102	13:55
103	5.00	56:53	5.27	30	27:12	119	29:24	10.00	1:35:40	6.27	30	40:32	115	43:19
104	7.00	50:54	8.25	26	16:31	95	18:18	17.00	2:26:34	6.96	30	56:55	110	1:01:37
106	4.00	35:07	6.83	25	13:09	97	14:33	21.00	3:01:41	6.94	29	1:09:59	107	1:16:10
Finish	2.00	25:32	4.70	28	10:20	104	10:53	23.00	3:27:13	6.66	28	1:19:55	104	1:27:03