



Detailed evaluation

Kāpiņš, Arturs

Club: VSK Noskrien
Number: 12

Course: 32.00 km
Lusis

Category:
VL3A

Total time: 3:53:30

Speed: 8.22 km/h

Rank in course/Total: 159 (of 199)

Rank in course/Men: 133 (of 153)

Best time in course: 2:13:06

Rank in category: 37(of 42)

Best time in the category: 2:30:09

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|------------|-------------|-------------|---------|------------|---------------|------------|------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| 101 | 4.75 | 31:05 | 7.72 | 38 | 12:47 | 142 | 14:46 | 4.75 | 31:05 | 7.72 | 38 | 12:47 | 142 | 14:46 |
| 102 | 0.25 | 4:14 | 0.00 | 25 | 1:39 | 90 | 2:08 | 5.00 | 35:19 | 8.49 | 38 | 14:02 | 140 | 16:23 |
| 103 | 5.00 | 41:41 | 7.20 | 37 | 15:29 | 140 | 17:30 | 10.00 | 1:17:00 | 7.79 | 38 | 28:23 | 143 | 32:38 |
| 104 | 7.00 | 45:28 | 9.24 | 38 | 15:03 | 138 | 19:13 | 17.00 | 2:02:28 | 8.33 | 38 | 43:25 | 141 | 51:49 |
| 105 | 6.00 | 45:43 | 7.87 | 37 | 15:56 | 127 | 19:51 | 23.00 | 2:48:11 | 8.21 | 37 | 59:21 | 137 | 1:11:31 |
| 106 | 6.00 | 43:00 | 8.37 | 34 | 16:19 | 118 | 18:36 | 29.00 | 3:31:11 | 8.24 | 38 | 1:22:31 | 136 | 1:29:50 |
| Finish | 3.00 | 22:19 | 8.07 | 36 | 8:34 | 125 | 10:34 | 32.00 | 3:53:30 | 8.22 | 38 | 1:25:39 | 135 | 1:40:24 |