



Detailed evaluation

Āboliņa, Lāsma

Club: VSK Noskrien
Number: 2045

Course: 13.00 km
Zakis

Category:
SZ3C

Total time: 1:46:03

Speed: 7.36 km/h

Rank in course/Total: 541 (of 710)

Rank in course/Women: 214 (of 341)

Best time in course: 1:00:10

Rank in category: 168(of 270)

Best time in the category: 1:00:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
101	4.75	31:22	7.65	125	13:03	165	13:03	4.75	31:22	7.65	125	13:03	165	13:03
102	0.25	6:52	0.00	217	3:23	278	3:23	5.00	38:14	7.85	140	16:21	185	16:21
104	7.00	51:42	8.12	175	22:16	221	22:16	12.00	1:29:56	8.01	165	38:37	211	38:37
Finish	1.00	16:07	3.72	200	7:16	253	7:16	13.00	1:46:03	7.36	168	45:53	214	45:53