



## Detailed evaluation

Vītola, Alma

Club: Virsotne/ Marmot  
Number: 111

Course: 32.00 km  
Lusis

Category:  
SLJA

Total time: 3:04:37

Speed: 10.40 km/h

Rank in course/Total: 65 (of 199)

Rank in course/Women: 8 (of 46)

Best time in course: 2:38:05

Rank in category: 2(of 4)

Best time in the category: 3:01:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
101	4.75	26:07	9.19	2	3:57	17	6:29	4.75	26:07	9.19	2	3:57	17	6:29
102	0.25	4:36	0.00	2	0:11	26	1:51	5.00	30:43	9.77	3	3:55	18	7:45
103	5.00	31:33	9.51	2	0:51	8	3:51	10.00	1:02:16	9.64	2	4:46	9	10:57
104	7.00	36:42	11.44	2	0:33	8	5:03	17.00	1:38:58	10.31	2	5:19	8	16:00
105	6.00	35:57	10.01	1	-	6	5:06	23.00	2:14:55	10.23	2	5:00	8	21:06
106	6.00	33:55	10.61	1	-	8	4:14	29.00	2:48:50	10.31	2	4:07	9	25:21
Finish	3.00	15:47	11.40	1	-	3	1:12	32.00	3:04:37	10.40	2	2:41	9	26:32