



Detailed evaluation

Sproģis, Mārcis

Club: FIT NATION LATVIA
Number: 2540

Course: 13.00 km
Zakis

Category:
VZ2C

Total time: 1:11:39

Speed: 10.89 km/h

Rank in course/Total: 65 (of 710)

Rank in course/Men: 58 (of 369)

Best time in course: 54:11

Rank in category: 14(of 45)

Best time in the category: 55:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
101	4.75	22:08	12.88	19	69	5:23	5:23	4.75	22:08	12.88	19	69	5:23	5:23
102	0.25	4:17	3.50	15	86	1:01	1:47	5.00	26:25	11.36	16	64	6:05	6:36
104	7.00	35:33	11.81	13	68	8:17	8:59	12.00	1:01:58	11.62	15	64	14:22	15:35
Finish	1.00	9:41	6.20	10	38	1:47	1:53	13.00	1:11:39	10.89	14	58	16:09	17:28