



Detailed evaluation

Benhens, Uldis

Club: Engures sportam / Lyngson
Number: 1044

Course: 23.00 km
Stirnu buks

Category:
VB3B

Total time: 2:50:39

Speed: 8.09 km/h

Rank in course/Total: 258 (of 379)

Rank in course/Men: 202 (of 253)

Best time in course: 1:34:38

Rank in category: 52(of 72)

Best time in the category: 1:47:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
101	4.75	28:44	9.92	44	10:39	170	12:26	4.75	28:44	9.92	44	10:39	170	12:26
102	0.25	4:46	3.15	46	2:05	188	2:35	5.00	33:30	8.96	44	12:18	180	14:49
103	5.00	38:12	7.85	52	12:45	189	15:57	10.00	1:11:42	8.37	50	25:03	190	30:00
104	7.00	44:57	9.34	51	15:46	202	19:01	17.00	1:56:39	8.74	53	40:49	202	48:52
106	4.00	31:25	7.64	54	12:43	202	15:31	21.00	2:28:04	8.51	51	53:32	198	1:04:23
Finish	2.00	22:35	5.31	57	9:26	212	11:38	23.00	2:50:39	8.09	54	1:39:58	204	1:39:58