



Detailed evaluation

Štūla-Pankoka, Irīna

Club: Liepājas Vieglatlētikas klubs
Number: 128

Course: 32.00 km
Lusis

Category:
SL2A

Total time: 2:52:08

Speed: 11.15 km/h

Rank in course/Total: 39 (of 199)

Rank in course/Women: 5 (of 46)

Best time in course: 2:38:05

Rank in category: 3(of 29)

Best time in the category: 2:45:47

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|------------|-------------|-------------|-----------|--------------|---------------|------------|------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| 101 | 4.75 | 20:53 | 11.49 | 3 | 0:59 | 4 | 1:15 | 4.75 | 20:53 | 11.49 | 3 | 0:59 | 4 | 1:15 |
| 102 | 0.25 | 2:51 | 0.00 | 2 | 0:06 | 2 | 0:06 | 5.00 | 23:44 | 12.64 | 2 | 0:32 | 3 | 0:46 |
| 103 | 5.00 | 30:01 | 9.99 | 3 | 2:19 | 5 | 2:19 | 10.00 | 53:45 | 11.16 | 3 | 2:17 | 4 | 2:26 |
| 104 | 7.00 | 33:49 | 12.42 | 3 | 1:06 | 4 | 2:10 | 17.00 | 1:27:34 | 11.65 | 3 | 3:23 | 4 | 4:36 |
| 105 | 6.00 | 33:40 | 10.69 | 3 | 0:35 | 4 | 2:49 | 23.00 | 2:01:14 | 11.38 | 3 | 3:45 | 4 | 7:25 |
| 106 | 6.00 | 33:13 | 10.84 | 4 | 2:36 | 6 | 3:32 | 29.00 | 2:34:27 | 11.27 | 4 | 10:58 | 6 | 10:58 |
| Finish | 3.00 | 17:41 | 10.18 | 5 | 2:12 | 12 | 3:06 | 32.00 | 2:52:08 | 11.15 | 4 | 9:28 | 6 | 14:03 |