



Detailed evaluation

Balode, Ilona

Club: Salacgrīvas Buki
Number: 1126

Course: 23.00 km
Stirnu buks

Category:
SB3B

Total time: 2:54:52

Speed: 7.89 km/h

Rank in course/Total: 275 (of 379)

Rank in course/Women: 65 (of 126)

Best time in course: 2:00:10

Rank in category: 17(of 34)

Best time in the category: 2:07:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
101	4.75	28:58	8.29	14	7:46	55	8:01	4.75	28:58	8.29	14	7:46	55	8:01
102	0.25	5:32	0.00	20	1:56	76	2:11	5.00	34:30	8.70	15	9:03	59	9:38
103	5.00	38:40	7.76	15	8:59	57	11:11	10.00	1:13:10	8.20	14	18:02	56	20:49
104	7.00	46:30	9.03	17	12:07	67	13:54	17.00	1:59:40	8.52	15	30:01	59	34:43
106	4.00	32:03	7.49	19	10:05	72	11:29	21.00	2:31:43	8.30	17	40:01	60	46:12
Finish	2.00	23:09	5.18	22	7:57	84	8:30	23.00	2:54:52	7.89	17	47:34	65	54:42