



## Detailed evaluation

Lemkau, Gerrit

Club: LSF Muenster  
Number: 1177

Course: 23.00 km  
Stirnu buks

Category:  
VB3B

Total time: 2:07:00

Speed: 10.87 km/h

Rank in course/Total: 46 (of 379)

Rank in course/Men: 44 (of 253)

Best time in course: 1:34:38

Rank in category: 12(of 72)

Best time in the category: 1:47:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
101	4.75	23:05	10.40	18	5:00	65	6:47	4.75	23:05	10.40	18	5:00	65	6:47
102	0.25	4:22	0.00	33	1:41	134	2:11	5.00	27:27	10.93	18	6:15	69	8:46
103	5.00	29:07	10.30	11	3:40	44	6:52	10.00	56:34	10.61	14	9:55	54	14:52
104	7.00	34:28	12.19	14	5:17	51	8:32	17.00	1:31:02	11.20	14	15:12	52	23:15
106	4.00	20:53	11.49	7	2:11	34	4:59	21.00	1:51:55	11.26	12	17:23	46	28:14
Finish	2.00	15:05	7.96	10	1:56	35	4:08	23.00	2:07:00	10.87	13	56:19	45	56:19