



Detailed evaluation

Sedlenieks, Ivars

Club: TRX Cēsis
Number: 9347

Course: 32.00 km
Luis

Category:
VL4A

Total time: 2:58:49

Speed: 10.74 km/h

Rank in course/Total: 49 (of 199)

Rank in course/Men: 44 (of 153)

Best time in course: 2:13:06

Rank in category: 2(of 13)

Best time in the category: 2:42:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
101	4.75	23:59	10.01	2	3:39	66	7:40	4.75	23:59	10.01	2	3:39	66	7:40
102	0.25	4:19	0.00	6	0:44	99	2:13	5.00	28:18	10.60	2	4:01	67	9:22
103	5.00	30:45	9.76	2	2:38	54	6:34	10.00	59:03	10.16	2	6:39	61	14:41
104	7.00	34:58	12.01	2	2:21	51	8:43	17.00	1:34:01	10.85	2	9:00	55	23:22
105	6.00	34:56	10.31	2	3:23	43	9:04	23.00	2:08:57	10.70	2	12:23	51	32:17
106	6.00	33:06	10.88	2	3:01	34	8:42	29.00	2:42:03	10.74	2	15:24	45	40:42
Finish	3.00	16:46	10.74	2	1:24	40	5:01	32.00	2:58:49	10.74	2	16:48	46	45:43