



Detailed evaluation

Benhens, Uldis

Club: Engures sportam / Lyngson
Number: 1036

Course: 21.00 km
Stirnu buks

Category:
VB3

Total time: 3:06:24

Speed: 6.76 km/h

Rank in course/Total: 267 (of 314)

Rank in course/Men: 188 (of 201)

Best time in course: 1:26:06

Rank in category: 53(of 58)

Best time in the category: 1:31:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
101	-	33:42	-	45	14:18	167	15:50	-	33:42	-	45	14:18	167	15:50
102	-	1:01:29	-	53	31:55	186	33:20	-	1:35:11	-	51	46:13	182	48:48
Sprint Start	-	32:30	-	48	17:11	178	18:23	-	2:07:41	-	50	1:03:24	182	1:07:11
Sprint Finish	-	5:40	-	48	3:06	178	3:48	-	2:13:21	-	51	1:06:24	183	1:10:59
106	-	33:55	-	50	18:11	184	18:57	-	2:47:16	-	52	1:24:35	187	1:29:28
Finish	-	19:08	-	51	10:03	188	10:50	21.00	3:06:24	-	53	1:34:38	188	1:40:18