



Detailed evaluation

Ruskovs, Dmitrijs

Club: VSK Noskrien
Number: 2023

Course: 13.00 km
Zakis

Category:
VZ3

Total time: 1:24:51

Speed: 9.19 km/h

Rank in course/Total: 77 (of 598)

Rank in course/Men: 69 (of 299)

Best time in course: 33:07

Rank in category: 56(of 238)

Best time in the category: 56:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
101	-	28:20	-	105	10:33	127	10:33	-	28:20	-	105	10:33	127	10:33
106	-	44:18	-	43	14:06	51	14:06	-	1:12:38	-	58	24:27	72	24:27
Finish	-	12:13	-	46	3:29	62	3:33	13.00	1:24:51	-	56	27:56	69	51:44