



Detailed evaluation

Kuzāks, Normunds

Club: SK Sigulda
Number: 114

Course: 29.00 km
Lusis

Category:
VL2

Total time: 3:15:02

Speed: 8.92 km/h

Rank in course/Total: 75 (of 211)

Rank in course/Men: 62 (of 155)

Best time in course: 1:58:43

Rank in category: 39(of 97)

Best time in the category: 2:09:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
101	-	23:25	-	21	5:13	31	5:56	-	23:25	-	21	5:13	31	5:56
102	-	36:39	-	15	7:41	22	8:36	-	1:00:04	-	17	12:54	26	14:32
Sprint Start	-	21:33	-	22	5:52	38	6:50	-	1:21:37	-	18	18:46	28	21:22
Sprint Finish	-	2:57	-	23	1:00	37	1:00	-	1:24:34	-	18	19:24	29	22:13
105	-	34:52	-	41	12:03	63	14:40	-	1:59:26	-	24	31:27	35	36:53
106	-	55:34	-	54	29:00	86	29:00	-	2:55:00	-	33	54:42	51	1:04:36
Finish	-	20:02	-	90	11:13	143	11:43	29.00	3:15:02	-	39	1:05:55	62	1:16:19