



Detailed evaluation

Actiņš, Jānis

Club: VSK Noskrien/LSC
Number: 48

Course: 29.00 km
Luis

Category:
VL3

Total time: 2:46:58

Speed: 10.42 km/h

Rank in course/Total: 26 (of 211)

Rank in course/Men: 23 (of 155)

Best time in course: 1:58:43

Rank in category: 7(of 41)

Best time in the category: 2:33:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
101	-	21:56	-	3	1:32	15	4:27	-	21:56	-	3	1:32	15	4:27
102	-	35:56	-	5	1:58	19	7:53	-	57:52	-	4	3:30	18	12:20
Sprint Start	-	19:53	-	6	1:52	19	5:10	-	1:17:45	-	4	3:38	17	17:30
Sprint Finish	-	3:38	-	24	1:19	85	1:41	-	1:21:23	-	4	4:39	17	19:02
105	-	29:15	-	7	3:18	25	9:03	-	1:50:38	-	5	7:25	19	28:05
106	-	43:35	-	6	5:04	28	17:01	-	2:34:13	-	7	12:14	23	43:49
Finish	-	12:45	-	11	1:40	37	4:26	29.00	2:46:58	-	7	13:44	23	48:15