



Detailed evaluation

Vītola, Alma

Club: Virsotne/ Marmot
Number: 103

Course: 29.00 km
Lusis

Category:
SLJ

Total time: 2:52:13

Speed: 10.10 km/h

Rank in course/Total: 31 (of 211)

Rank in course/Women: 4 (of 56)

Best time in course: 2:07:56

Rank in category: 1(of 4)

Best time in the category: 2:52:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
101	-	26:37	-	2	1:44	11	4:34	-	26:37	-	2	1:44	11	4:34
102	-	40:31	-	2	1:59	7	4:15	-	1:07:08	-	2	3:43	9	8:49
Sprint Start	-	21:03	-	1	-	2	1:37	-	1:28:11	-	2	3:15	7	10:26
Sprint Finish	-	3:50	-	2	0:26	14	1:21	-	1:32:01	-	2	3:41	7	10:52
105	-	28:39	-	1	-	2	2:40	-	2:00:40	-	2	1:27	5	13:32
106	-	40:27	-	1	-	5	17:05	-	2:41:07	-	1	-	4	47:12
Finish	-	11:06	-	1	-	2	0:08	29.00	2:52:13	-	1	-	4	44:17