



Detailed evaluation

Kuplis, Ansis

Club: Running.lv
Number: 2016

Course: 13.00 km
Zakis

Category:
VZ3

Total time: 1:35:01

Speed: 8.21 km/h

Rank in course/Total: 150 (of 598)

Rank in course/Men: 119 (of 299)

Best time in course: 33:07

Rank in category: 97(of 238)

Best time in the category: 56:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
101	-	32:10	-	160	14:23	190	14:23	-	32:10	-	160	14:23	190	14:23
106	-	49:20	-	82	19:08	99	19:08	-	1:21:30	-	105	33:19	126	33:19
Finish	-	13:31	-	85	4:47	105	4:51	13.00	1:35:01	-	97	38:06	119	1:01:54