



Detailed evaluation

Kāpiņa, Inga

Club: VSK Noskrien
Number: 9

Course: 29.00 km
Luis

Category:
SL3

Total time: 3:31:21

Speed: 8.23 km/h

Rank in course/Total: 106 (of 211)

Rank in course/Women: 19 (of 56)

Best time in course: 2:07:56

Rank in category: 7(of 15)

Best time in the category: 2:07:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
101	-	27:37	-	6	15	4:06	5:34	-	27:37	-	6	15	4:06	5:34
102	-	46:55	-	6	18	7:59	10:39	-	1:14:32	-	6	15	12:05	16:13
Sprint Start	-	28:18	-	7	25	5:29	8:52	-	1:42:50	-	6	17	17:06	25:05
Sprint Finish	-	4:23	-	5	20	1:17	1:54	-	1:47:13	-	6	17	16:40	26:04
105	-	38:05	-	5	17	7:31	12:06	-	2:25:18	-	5	17	23:52	38:10
106	-	52:41	-	7	18	29:19	29:19	-	3:17:59	-	7	19	1:24:04	1:24:04
Finish	-	13:22	-	4	13	1:14	2:24	29.00	3:31:21	-	7	19	1:23:25	1:23:25