



Detailed evaluation

Arnicāns, Ainārs

Club: PaBaso.lv - VSK Noskrien
Number: 190

Course: 29.00 km
Luis

Category:
VL3

Total time: 3:57:55

Speed: 7.31 km/h

Rank in course/Total: 154 (of 211)

Rank in course/Men: 129 (of 155)

Best time in course: 1:58:43

Rank in category: 35(of 41)

Best time in the category: 2:33:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
101	-	29:45	-	30	9:21	97	12:16	-	29:45	-	30	9:21	97	12:16
102	-	50:06	-	32	16:08	113	22:03	-	1:19:51	-	33	25:29	109	34:19
Sprint Start	-	30:22	-	34	12:21	130	15:39	-	1:50:13	-	33	36:06	118	49:58
Sprint Finish	-	3:27	-	20	1:08	71	1:30	-	1:53:40	-	33	36:56	118	51:19
105	-	44:43	-	34	18:46	127	24:31	-	2:38:23	-	33	55:10	123	1:15:50
106	-	1:00:47	-	33	22:16	118	34:13	-	3:39:10	-	34	1:17:11	125	1:48:46
Finish	-	18:45	-	36	7:40	136	10:26	29.00	3:57:55	-	35	1:24:41	129	1:59:12