



Detailed evaluation

Āboliņa, Lāsma

Club: VSK Noskrien
Number: 32

Course: 29.00 km
Luis

Category:
SL3

Total time: 4:43:10

Speed: 6.14 km/h

Rank in course/Total: 194 (of 211)

Rank in course/Women: 47 (of 56)

Best time in course: 2:07:56

Rank in category: 12(of 15)

Best time in the category: 2:07:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
101	-	35:31	-	10	42	12:00	13:28	-	35:31	-	10	42	12:00	13:28
102	-	59:07	-	9	38	20:11	22:51	-	1:34:38	-	11	43	32:11	36:19
Sprint Start	-	32:46	-	11	42	9:57	13:20	-	2:07:24	-	11	43	41:40	49:39
Sprint Finish	-	6:19	-	13	52	3:13	3:50	-	2:13:43	-	11	43	43:10	52:34
105	-	57:28	-	13	53	26:54	31:29	-	3:11:11	-	10	46	1:09:45	1:24:03
106	-	1:10:46	-	12	41	47:24	47:24	-	4:21:57	-	12	47	2:28:02	2:28:02
Finish	-	21:13	-	15	53	9:05	10:15	29.00	4:43:10	-	12	47	2:35:14	2:35:14