



Stirnu Buks IV
Talsi / 30.07.2016

Detailed evaluation

Štūla-Pankoka, Irīna

Club: Liepājas Vieglatlētikas klubs
Number: 216

Course: 29.00 km

Lusis

Category:

SL2

Total time: 2:36:56

Speed: 11.09 km/h

Rank in course/Total: 36 (of 220)

Rank in course/Women: 3 (of 53)

Best time in course: 2:29:26

Rank in category: 3(of 32)

Best time in the category: 2:29:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Sprint Start	-	33:20	-	3	2:43	3	2:43	-	33:20	-	3	2:43	3	2:43
Sprint Finish	-	1:02	-	1	-	1	-	-	34:22	-	2	2:24	2	2:24
103	-	17:29	-	2	0:41	2	0:41	-	51:51	-	2	3:05	2	3:05
104	-	31:22	-	3	2:16	3	2:16	-	1:23:13	-	3	5:21	3	5:21
105	-	34:04	-	2	2:42	3	2:42	-	1:57:17	-	3	8:03	3	8:03
106	-	32:32	-	2	2:02	4	2:02	-	2:29:49	-	3	7:39	3	7:39
Finish	-	7:07	-	4	1:01	6	1:01	29.00	2:36:56	-	3	7:30	3	7:30