



Stirnu Buks IV
Talsi / 30.07.2016

Detailed evaluation

Kāpiņš, Arturs

Club: VSK Noskrien
Number: 12

Course: 29.00 km
Lusis

Category:
VL3

Total time: 3:30:30

Speed: 8.27 km/h

Rank in course/Total: 171 (of 220)

Rank in course/Men: 144 (of 167)

Best time in course: 1:54:47

Rank in category: 46(of 56)

Best time in the category: 2:12:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Pos Men	Behind Men
						Pos Men	Behind Men	Total km	Total Time	Total km/h				
Sprint Start	-	48:04	-	51	20:57	156	23:26	-	48:04	-	51	20:57	156	23:26
Sprint Finish	-	1:44	-	39	0:42	116	0:56	-	49:48	-	51	21:28	154	24:19
103	-	22:27	-	45	7:40	138	9:20	-	1:12:15	-	50	29:08	149	33:39
104	-	40:20	-	45	14:59	142	17:37	-	1:52:35	-	50	44:07	147	51:16
105	-	44:34	-	44	17:30	138	24:52	-	2:37:09	-	48	56:49	145	1:12:02
106	-	43:41	-	45	17:42	135	19:30	-	3:20:50	-	46	1:14:31	144	1:31:32
Finish	-	9:40	-	48	3:52	145	4:32	29.00	3:30:30	-	46	1:18:07	144	1:35:43