



Stirnu Buks IV  
Talsi / 30.07.2016

## Detailed evaluation

Mirecka, Alvita

Club: Talsu Pakalnu Sporta Klubs / PROF.LV  
Number: 1119

Course: 21.00 km  
Stirnu buks

Category:  
SB3

Total time: 1:54:31

Speed: 11.00 km/h

Rank in course/Total: 79 (of 347)

Rank in course/Women: 9 (of 121)

Best time in course: 1:31:57

Rank in category: 4(of 38)

Best time in the category: 1:50:11

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Sprint Start	-	36:15	-	3	0:55	10	5:52	-	36:15	-	3	0:55	10	5:52
Sprint Finish	-	1:25	-	1	-	6	0:26	-	37:40	-	3	0:50	9	6:13
103	-	19:08	-	4	0:52	10	3:19	-	56:48	-	4	1:17	10	9:32
105	-	17:10	-	3	1:15	10	3:18	-	1:13:58	-	4	2:32	11	12:50
106	-	33:14	-	3	1:29	12	7:17	-	1:47:12	-	4	4:01	9	20:07
Finish	-	7:19	-	5	0:21	16	2:27	21.00	1:54:31	-	4	4:20	9	22:34