



Stirnu Buks IV
Talsi / 30.07.2016

Detailed evaluation

Laganovskis, Dzintars

Club: AD Fitness
Number: 1040

Course: 21.00 km
Stirnu buks

Category:
VB3

Total time: 3:01:26

Speed: 6.94 km/h

Rank in course/Total: 329 (of 347)

Rank in course/Men: 221 (of 226)

Best time in course: 1:19:39

Rank in category: 57(of 58)

Best time in the category: 1:31:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Sprint Start	-	56:45	-	58	27:42	224	31:28	-	56:45	-	58	27:42	224	31:28
Sprint Finish	-	2:40	-	58	1:34	224	1:54	-	59:25	-	58	29:01	224	33:04
103	-	29:34	-	58	14:35	222	16:03	-	1:28:59	-	58	43:11	223	49:07
105	-	27:20	-	57	14:09	221	15:19	-	1:56:19	-	58	57:20	223	1:04:26
106	-	53:03	-	56	26:46	218	30:05	-	2:49:22	-	57	1:24:06	221	1:34:31
Finish	-	12:04	-	57	6:31	220	7:16	21.00	3:01:26	-	57	1:30:23	221	1:41:47