



Stirnu Buks IV  
Talsi / 30.07.2016

## Detailed evaluation

Šantars, Ralfs

Club: CrossFit Rīdzene  
Number: 7196

Course: 13.00 km  
Zakis

Category:  
VZ2

Total time: 1:15:14

Speed: 10.37 km/h

Rank in course/Total: 74 (of 617)

Rank in course/Men: 66 (of 314)

Best time in course: 54:36

Rank in category: 18(of 50)

Best time in the category: 57:15

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Sprint Start	-	34:43	-	19	7:56	59	9:01	-	34:43	-	19	7:56	59	9:01
Sprint Finish	-	1:45	-	19	0:38	73	0:43	-	36:28	-	19	8:15	59	9:28
106	-	31:30	-	17	8:37	78	8:55	-	1:07:58	-	18	15:53	62	18:23
Finish	-	7:16	-	22	2:14	110	2:15	13.00	1:15:14	-	18	17:59	66	20:38