



Stirnu Buks IV
Talsi / 30.07.2016

Detailed evaluation

Antonio, Jose

Club: CLUB ATLETISMO ALBOLOTE
Number: 67

Course: 29.00 km
Lulis

Category:
VL3

Total time: 2:30:23

Speed: 11.57 km/h

Rank in course/Total: 24 (of 220)

Rank in course/Men: 23 (of 167)

Best time in course: 1:54:47

Rank in category: 4(of 56)

Best time in the category: 2:12:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Sprint Start	-	27:07	-	1	-	4	2:29	-	27:07	-	1	-	4	2:29
Sprint Finish	-	1:13	-	8	0:11	36	0:25	-	28:20	-	1	-	5	2:51
103	-	14:47	-	1	-	6	1:40	-	43:07	-	1	-	5	4:31
104	-	25:21	-	1	-	6	2:38	-	1:08:28	-	1	-	5	7:09
105	-	45:26	-	47	18:22	141	25:44	-	1:53:54	-	5	13:34	24	28:47
106	-	29:27	-	3	3:28	17	5:16	-	2:23:21	-	4	17:02	22	34:03
Finish	-	7:02	-	12	1:14	46	1:54	29.00	2:30:23	-	4	18:00	23	35:36