



Stirnu Buks IV
Talsi / 30.07.2016

Detailed evaluation

Sirmā, Inese

Total time: 4:23:43

Speed: 6.60 km/h

Number: 183

Course: 29.00 km

Rank in course/Total: 214 (of 220)

Lusis

Rank in course/Women: 49 (of 53)

Best time in course: 2:29:26

Category:

Rank in category: 12(of 13)

SL3

Best time in the category: 2:38:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Sprint Start	-	56:27	-	13	21:57	52	25:50	-	56:27	-	13	21:57	52	25:50
Sprint Finish	-	1:58	-	8	0:32	35	0:56	-	58:25	-	12	22:29	51	26:27
103	-	29:56	-	13	11:31	52	13:08	-	1:28:21	-	13	34:00	52	39:35
104	-	51:49	-	13	20:05	51	22:43	-	2:20:10	-	13	54:05	52	1:02:18
105	-	58:36	-	13	25:01	48	27:14	-	3:18:46	-	13	1:19:06	50	1:29:32
106	-	54:05	-	12	21:56	50	23:35	-	4:12:51	-	12	1:41:02	49	1:50:41
Finish	-	10:52	-	12	4:02	47	4:46	29.00	4:23:43	-	12	1:45:04	49	1:54:17