



Stirnu Buks V
 Āžu Kalna / 20.08.2016

Detailed evaluation

Mirecka, Alvita

Club: Talsu Pakalnu Sporta Klubs / PROF.LV
 Number: 103

Course: 31.00 km
 Lulis

Category:
 SL3

Total time: 3:16:54

Speed: 9.45 km/h

Rank in course/Total: 80 (of 204)

Rank in course/Women: 9 (of 56)

Best time in course: 2:37:59

Rank in category: 3(of 15)

Best time in the category: 2:59:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
101	-	24:58	-	3	1:19	6	3:54	-	24:58	-	3	1:19	6	3:54
Sprint Start	-	27:43	-	3	1:53	8	4:19	-	52:41	-	3	2:51	7	8:13
Sprint Finish	-	1:46	-	4	0:15	11	0:29	-	54:27	-	3	2:56	7	8:23
104	-	54:33	-	3	3:19	11	10:03	-	1:49:00	-	3	6:14	7	18:26
105	-	44:01	-	3	4:28	9	8:52	-	2:33:01	-	3	10:35	8	27:18
106	-	26:49	-	3	4:01	11	7:00	-	2:59:50	-	3	14:36	9	34:18
Finish	-	17:04	-	5	3:09	20	4:37	31.00	3:16:54	-	3	17:45	9	38:55