



Detailed evaluation

Grunckis, Erlens

Club: Valmiera
 Number: 1034

Course: 22.00 km
 Stirnu buks

Category:
 VB3

Total time: 2:31:10

Speed: 8.73 km/h

Rank in course/Total: 196 (of 311)

Rank in course/Men: 156 (of 202)

Best time in course: 1:27:59

Rank in category: 41(of 53)

Best time in the category: 1:39:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
101	-	26:09	-	23	6:15	94	8:03	-	26:09	-	23	6:15	94	8:03
Sprint Start	-	31:37	-	42	9:40	157	12:29	-	57:46	-	34	15:47	129	20:32
Sprint Finish	-	2:40	-	44	1:27	170	1:49	-	1:00:26	-	34	16:45	132	22:21
105	-	42:48	-	47	16:30	176	19:23	-	1:43:14	-	42	33:05	154	40:56
106	-	29:56	-	46	12:06	173	14:06	-	2:13:10	-	42	44:44	159	55:02
Finish	-	18:00	-	38	6:50	150	8:09	22.00	2:31:10	-	41	51:34	156	1:03:11