



Stirnu Buks V
 Āžu Kalna / 20.08.2016

Detailed evaluation

Promberga, Sniga

Club: CrossFit Rīdzene
 Number: 2234

Course: 12.00 km
 Zakis

Category:
 SZ3

Total time: 1:24:55

Speed: 8.48 km/h

Rank in course/Total: 385 (of 652)

Rank in course/Women: 134 (of 328)

Best time in course: 57:31

Rank in category: 115(of 271)

Best time in the category: 57:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
101	-	31:27	-	89	9:51	106	9:51	-	31:27	-	89	9:51	106	9:51
106	-	35:27	-	126	12:06	147	12:06	-	1:06:54	-	107	21:57	124	21:57
Finish	-	18:01	-	140	5:27	162	5:27	12.00	1:24:55	-	115	27:24	134	27:24