



Detailed evaluation

Rata, Ilze

Total time: 4:40:24

Club: Exigen Services Latvia #optimized4running
 Number: 39

Speed: 6.63 km/h

Course: 31.00 km

Rank in course/Total: 195 (of 204)

Lusis

Rank in course/Women: 50 (of 56)

Best time in course: 2:37:59

Category:

Rank in category: 1(of 3)

SL4

Best time in the category: 4:40:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
101	-	38:26	-	1	-	51	17:22	-	38:26	-	1	-	51	17:22
Sprint Start	-	39:58	-	1	-	49	16:34	-	1:18:24	-	1	-	51	33:56
Sprint Finish	-	2:45	-	1	-	42	1:28	-	1:21:09	-	1	-	51	35:05
104	-	1:19:18	-	3	0:35	52	34:48	-	2:40:27	-	1	-	50	1:09:53
105	-	1:01:19	-	1	-	43	26:10	-	3:41:46	-	1	-	50	1:36:03
106	-	35:44	-	1	-	43	15:55	-	4:17:30	-	1	-	49	1:51:58
Finish	-	22:54	-	2	0:01	48	10:27	31.00	4:40:24	-	1	-	50	2:02:25