



Stirnu Buks V  
 Āžu Kalna / 20.08.2016

## Detailed evaluation

Verdens, Kaspars

Club: skriesanasakademija.lv  
 Number: 2390

Course: 12.00 km  
 Zakis

Category:  
 VZ3

Total time: 1:22:36

Speed: 8.72 km/h

Rank in course/Total: 343 (of 652)

Rank in course/Men: 236 (of 324)

Best time in course: 47:14

Rank in category: 197(of 260)

Best time in the category: 47:14

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
101	-	30:45	-	180	216	13:04	13:04	-	30:45	-	180	216	13:04	13:04
106	-	33:44	-	191	229	14:18	14:18	-	1:04:29	-	195	231	27:22	27:22
Finish	-	18:07	-	214	259	8:00	8:00	12.00	1:22:36	-	197	236	35:22	35:22