



Stirnu Buks V  
 Āžu Kalna / 20.08.2016

## Detailed evaluation

Ābols, Jānis

Club: VSK Noskrien  
 Number: 2339

Course: 12.00 km  
 Zakis

Category:  
 VZ3

Total time: 1:03:27

Speed: 11.35 km/h

Rank in course/Total: 63 (of 652)

Rank in course/Men: 56 (of 324)

Best time in course: 47:14

Rank in category: 44(of 260)

Best time in the category: 47:14

### Intermediate times

### Stage score

### Total ranking

| Control | Split<br>km | Split<br>Time | Split<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total |         | Total<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Total ranking |               |
|---------|-------------|---------------|---------------|-------------|----------------|-------------|---------------|-------|---------|---------------|-------------|----------------|---------------|---------------|
|         |             |               |               |             |                | Pos<br>Men  | Behind<br>Men | km    | Time    |               |             |                | Pos<br>Men    | Behind<br>Men |
| 101     | -           | 23:35         | -             | 37          | 5:54           | 48          | 5:54          | -     | 23:35   | -             | 37          | 5:54           | 48            | 5:54          |
| 106     | -           | 25:55         | -             | 55          | 6:29           | 67          | 6:29          | -     | 49:30   | -             | 44          | 12:23          | 55            | 12:23         |
| Finish  | -           | 13:57         | -             | 59          | 3:50           | 73          | 3:50          | 12.00 | 1:03:27 | -             | 44          | 16:13          | 56            | 16:13         |