



Stirnu Buks V
Āžu Kalna / 20.08.2016

Detailed evaluation

Ābols, Jānis

Club: VSK Noskrien
Number: 2339

Course: 12.00 km
Zakis

Category:
VZ3

Total time: 1:03:27

Speed: 11.35 km/h

Rank in course/Total: 63 (of 652)

Rank in course/Men: 56 (of 324)

Best time in course: 47:14

Rank in category: 44(of 260)

Best time in the category: 47:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
101	-	23:35	-	37	5:54	48	5:54	-	23:35	-	37	5:54	48	5:54
106	-	25:55	-	55	6:29	67	6:29	-	49:30	-	44	12:23	55	12:23
Finish	-	13:57	-	59	3:50	73	3:50	12.00	1:03:27	-	44	16:13	56	16:13