



Stirnu Buks V
Āžu Kalna / 20.08.2016

Detailed evaluation

Freija, Dita

Club: Crossfit Rīdzene
Number: 2583

Course: 12.00 km
Zakis

Category:
SZ3

Total time: 1:14:32

Speed: 9.66 km/h

Rank in course/Total: 205 (of 652)

Rank in course/Women: 44 (of 328)

Best time in course: 57:31

Rank in category: 34(of 271)

Best time in the category: 57:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
101	-	28:50	-	45	7:14	56	7:14	-	28:50	-	45	7:14	56	7:14
106	-	30:12	-	32	6:51	41	6:51	-	59:02	-	33	14:05	42	14:05
Finish	-	15:30	-	32	2:56	43	2:56	12.00	1:14:32	-	34	17:01	44	17:01