



Detailed evaluation

Palmbaha, Ilze

Total time: 5:25:27

Speed: 5.72 km/h

Number: 5040

Course: 31.00 km

Rank in course/Total: 204 (of 204)

Lusis

Rank in course/Women: 56 (of 56)

Best time in course: 2:37:59

Category:

Rank in category: 15(of 15)

SL3

Best time in the category: 2:59:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
101	-	42:42	-	15	19:03	56	21:38	-	42:42	-	15	19:03	56	21:38
Sprint Start	-	43:55	-	15	18:05	56	20:31	-	1:26:37	-	15	36:47	56	42:09
Sprint Finish	-	3:03	-	13	1:32	52	1:46	-	1:29:40	-	15	38:09	56	43:36
104	-	1:29:02	-	14	37:48	55	44:32	-	2:58:42	-	15	1:15:56	56	1:28:08
105	-	1:23:34	-	14	44:01	55	48:25	-	4:22:16	-	15	1:59:50	56	2:16:33
106	-	41:01	-	14	18:13	52	21:12	-	5:03:17	-	15	2:18:03	56	2:37:45
Finish	-	22:10	-	11	8:15	46	9:43	31.00	5:25:27	-	15	2:26:18	56	2:47:28