



Stirnu Buks V
 Āžu Kalna / 20.08.2016

Detailed evaluation

Kāpiņš, Arturs

Club: VSK Noskrien
 Number: 10

Course: 31.00 km
 Lulis

Category:
 VL3

Total time: 3:57:16

Speed: 7.84 km/h

Rank in course/Total: 155 (of 204)

Rank in course/Men: 125 (of 148)

Best time in course: 2:10:41

Rank in category: 31(of 39)

Best time in the category: 2:34:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
101	-	31:08	-	34	11:10	124	13:15	-	31:08	-	34	11:10	124	13:15
Sprint Start	-	37:49	-	39	15:21	145	18:40	-	1:08:57	-	36	25:31	142	31:55
Sprint Finish	-	1:57	-	20	0:49	96	0:58	-	1:10:54	-	36	26:16	142	32:48
104	-	1:04:15	-	31	21:32	126	27:12	-	2:15:09	-	35	46:38	134	59:53
105	-	53:11	-	28	19:15	110	24:59	-	3:08:20	-	33	1:05:53	129	1:24:42
106	-	30:58	-	28	11:11	108	14:22	-	3:39:18	-	31	1:17:04	126	1:39:04
Finish	-	17:58	-	31	5:38	114	7:31	31.00	3:57:16	-	31	1:22:42	125	1:46:35