



Stirnu Buks V
Āžu Kalna / 20.08.2016

Detailed evaluation

Sproģis, Sandis

Club: Lattelecom
Number: 7275

Course: 12.00 km
Zakis

Category:
VZ3

Total time: 1:03:48

Speed: 11.29 km/h

Rank in course/Total: 64 (of 652)

Rank in course/Men: 57 (of 324)

Best time in course: 47:14

Rank in category: 45(of 260)

Best time in the category: 47:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
101	-	24:12	-	46	6:31	58	6:31	-	24:12	-	46	6:31	58	6:31	
106	-	26:08	-	58	6:42	70	6:42	-	50:20	-	50	13:13	62	13:13	
Finish	-	13:28	-	40	3:21	52	3:21	12.00	1:03:48	-	45	16:34	57	16:34	