



Stirnu Buks V
 Āžu Kalna / 20.08.2016

Detailed evaluation

Rogāle, Aija

Club: Krokus
 Number: 156

Course: 31.00 km
 Lulis

Category:
 SL3

Total time: 3:46:28

Speed: 8.21 km/h

Rank in course/Total: 135 (of 204)

Rank in course/Women: 25 (of 56)

Best time in course: 2:37:59

Rank in category: 6(of 15)

Best time in the category: 2:59:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
101	-	27:38	-	5	3:59	17	6:34	-	27:38	-	5	3:59	17	6:34
Sprint Start	-	30:40	-	5	4:50	18	7:16	-	58:18	-	5	8:28	18	13:50
Sprint Finish	-	2:21	-	6	0:50	31	1:04	-	1:00:39	-	5	9:08	17	14:35
104	-	1:03:56	-	6	12:42	27	19:26	-	2:04:35	-	6	21:49	21	34:01
105	-	52:55	-	6	13:22	27	17:46	-	2:57:30	-	6	35:04	22	51:47
106	-	29:56	-	6	7:08	25	10:07	-	3:27:26	-	6	42:12	24	1:01:54
Finish	-	19:02	-	9	5:07	34	6:35	31.00	3:46:28	-	6	47:19	25	1:08:29