



Stirnu Buks V
 Āžu Kalna / 20.08.2016

Detailed evaluation

Sedleniece, Ilona

Club: DNB banka
 Number: 1157

Course: 22.00 km
 Stirnu buks

Category:
 SB3

Total time: 2:47:38

Speed: 7.87 km/h

Rank in course/Total: 260 (of 311)

Rank in course/Women: 73 (of 109)

Best time in course: 1:45:02

Rank in category: 17(of 29)

Best time in the category: 1:51:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
101	-	32:18	-	16	10:10	74	11:36	-	32:18	-	16	10:10	74	11:36
Sprint Start	-	37:28	-	19	13:03	77	15:00	-	1:09:46	-	18	23:13	77	26:36
Sprint Finish	-	2:55	-	18	1:23	72	1:42	-	1:12:41	-	18	24:36	76	27:29
105	-	44:59	-	16	15:13	69	16:58	-	1:57:40	-	18	39:49	75	44:27
106	-	30:54	-	17	10:16	69	11:30	-	2:28:34	-	17	50:05	73	55:57
Finish	-	19:04	-	16	5:41	67	6:39	22.00	2:47:38	-	17	55:46	73	1:02:36