



Detailed evaluation

Āboltiņš, Ilgvars

Club: Maratona klubs
 Number: 146

Course: 31.00 km
 Lulis

Category:
 VL4

Total time: 3:17:13

Speed: 9.43 km/h

Rank in course/Total: 82 (of 204)

Rank in course/Men: 73 (of 148)

Best time in course: 2:10:41

Rank in category: 4(of 11)

Best time in the category: 2:46:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
101	-	23:41	-	2	1:42	45	5:48	-	23:41	-	2	1:42	45	5:48
Sprint Start	-	25:53	-	2	2:30	53	6:44	-	49:34	-	2	4:12	49	12:32
Sprint Finish	-	1:44	-	2	0:07	78	0:45	-	51:18	-	2	4:19	49	13:12
104	-	51:54	-	2	5:45	60	14:51	-	1:43:12	-	2	10:04	54	27:56
105	-	46:12	-	4	9:31	71	18:00	-	2:29:24	-	2	19:35	57	45:46
106	-	30:24	-	5	8:09	102	13:48	-	2:59:48	-	4	27:44	71	59:34
Finish	-	17:25	-	4	3:07	105	6:58	31.00	3:17:13	-	4	30:51	73	1:06:32