



## Detailed evaluation

Grīnvalds, Ainārs

Club: Mammadaba  
Number: 81

Course: 31.00 km  
Lusis

Category:  
VL3

Total time: 3:33:17

Speed: 8.72 km/h

Rank in course/Total: 110 (of 204)

Rank in course/Men: 92 (of 148)

Best time in course: 2:10:41

Rank in category: 24(of 39)

Best time in the category: 2:34:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
101	-	26:58	-	22	7:00	87	9:05	-	26:58	-	22	7:00	87	9:05
Sprint Start	-	28:52	-	21	6:24	91	9:43	-	55:50	-	20	12:24	85	18:48
Sprint Finish	-	2:41	-	36	1:33	133	1:42	-	58:31	-	21	13:53	89	20:25
104	-	1:01:04	-	27	18:21	112	24:01	-	1:59:35	-	25	31:04	105	44:19
105	-	48:23	-	22	14:27	91	20:11	-	2:47:58	-	23	45:31	95	1:04:20
106	-	28:42	-	24	8:55	90	12:06	-	3:16:40	-	23	54:26	93	1:16:26
Finish	-	16:37	-	22	4:17	86	6:10	31.00	3:33:17	-	24	58:43	92	1:22:36