



Detailed evaluation

Rogāle, Aija

Club: Krokus

Number: 111

Course: 35.00 km

Lusis

Category:

SL3

Total time: 3:45:42

Speed: 9.30 km/h

Rank in course/Total: 93 (of 135)

Rank in course/Women: 15 (of 34)

Best time in course: 2:43:57

Rank in category: 6(of 8)

Best time in the category: 3:11:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
101	-	34:19	-	6	16	4:36	9:00	-	34:19	-	6	16	4:36	9:00
102	-	42:40	-	6	15	6:13	10:45	-	1:16:59	-	6	15	10:49	19:45
103	-	38:35	-	6	16	4:38	9:57	-	1:55:34	-	6	15	15:27	29:42
104	-	1:16:03	-	5	15	12:26	21:49	-	3:11:37	-	6	15	27:28	51:31
Sprint Start	-	12:55	-	5	15	2:23	3:08	-	3:24:32	-	5	13	29:51	54:21
Sprint Finish	-	4:38	-	7	23	1:21	1:53	-	3:29:10	-	5	14	30:13	56:14
Finish	-	16:32	-	7	26	4:23	5:31	35.00	3:45:42	-	6	15	34:06	1:01:45