



Detailed evaluation

Mirecka, Alvita

Club: Talsu Pakalnu Sporta Klubs / PROF.LV
Number: 84

Course: 35.00 km
Lusis

Category:
SL3

Total time: 3:20:23

Speed: 10.48 km/h

Rank in course/Total: 68 (of 135)

Rank in course/Women: 10 (of 34)

Best time in course: 2:43:57

Rank in category: 3(of 8)

Best time in the category: 3:11:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
101	-	31:03	-	2	1:20	7	5:44	-	31:03	-	2	1:20	7	5:44
102	-	38:42	-	2	2:15	7	6:47	-	1:09:45	-	2	3:35	7	12:31
103	-	36:03	-	4	2:06	11	7:25	-	1:45:48	-	2	5:41	8	19:56
104	-	1:04:26	-	3	0:49	9	10:12	-	2:50:14	-	3	6:05	9	30:08
Sprint Start	-	11:49	-	3	1:17	10	2:02	-	3:02:03	-	3	7:22	10	31:52
Sprint Finish	-	3:58	-	3	0:41	12	1:13	-	3:06:01	-	3	7:04	9	33:05
Finish	-	14:22	-	4	2:13	12	3:21	35.00	3:20:23	-	3	8:47	10	36:26