



Detailed evaluation

Lunts, Armands

Club: VSK Noskrien
Number: 10

Course: 35.00 km
Lusis

Category:
VL3

Total time: 3:15:52

Speed: 10.72 km/h

Rank in course/Total: 56 (of 135)

Rank in course/Men: 49 (of 101)

Best time in course: 2:16:09

Rank in category: 14(of 25)

Best time in the category: 2:34:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
101	-	28:37	-	9	4:07	33	6:07	-	28:37	-	9	4:07	33	6:07
102	-	37:06	-	12	6:00	46	10:06	-	1:05:43	-	12	10:07	44	16:13
103	-	35:11	-	17	7:25	60	12:00	-	1:40:54	-	12	17:32	46	28:13
104	-	1:05:09	-	15	14:23	55	23:21	-	2:46:03	-	13	31:55	47	1:05:59
Sprint Start	-	11:33	-	16	2:52	49	3:59	-	2:57:36	-	13	34:47	46	1:05:04
Sprint Finish	-	4:15	-	24	2:02	79	2:08	-	3:01:51	-	14	36:49	49	1:04:00
Finish	-	14:01	-	20	4:21	64	5:17	35.00	3:15:52	-	14	41:02	49	59:43