



Detailed evaluation

Laganovska, Līga

Club: AD Fitness
Number: 1046

Course: 25.00 km
Stirnu buks

Category:
SB3

Total time: 3:50:56

Speed: 6.50 km/h

Rank in course/Total: 280 (of 290)

Rank in course/Women: 107 (of 117)

Best time in course: 1:50:18

Rank in category: 33(of 38)

Best time in the category: 2:06:35

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|------------|-------------|-------------|-----------|--------------|---------------|------------|------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| 101 | - | 53:02 | - | 35 | 24:02 | 108 | 27:55 | - | 53:02 | - | 35 | 24:02 | 108 | 27:55 |
| 102 | - | 1:06:09 | - | 33 | 28:59 | 107 | 34:27 | - | 1:59:11 | - | 33 | 53:01 | 106 | 1:02:22 |
| 104 | - | 1:05:14 | - | 34 | 29:11 | 106 | 34:16 | - | 3:04:25 | - | 33 | 1:22:12 | 106 | 1:36:38 |
| Sprint Start | - | 18:03 | - | 34 | 7:54 | 106 | 9:17 | - | 3:22:28 | - | 33 | 1:30:06 | 106 | 1:45:55 |
| Sprint Finish | - | 4:56 | - | 25 | 2:02 | 87 | 2:30 | - | 3:27:24 | - | 33 | 1:32:08 | 106 | 1:48:06 |
| Finish | - | 23:32 | - | 36 | 12:13 | 111 | 12:44 | 25.00 | 3:50:56 | - | 33 | 1:44:21 | 107 | 2:00:38 |