



Stirnu Buks VI
Mākoņkalna / 24.09.2016

Detailed evaluation

Laganovskis, Dzintars

Club: AD Fitness
Number: 1045

Course: 25.00 km
Stirnu buks

Category:
VB3

Total time: 3:27:58

Speed: 7.21 km/h

Rank in course/Total: 270 (of 290)

Rank in course/Men: 169 (of 173)

Best time in course: 1:33:32

Rank in category: 49(of 50)

Best time in the category: 1:48:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
101	-	47:04	-	48	22:26	168	24:31	-	47:04	-	48	22:26	168	24:31
102	-	58:20	-	48	27:24	169	31:23	-	1:45:24	-	49	49:50	170	55:54
104	-	1:00:48	-	47	30:23	167	35:18	-	2:46:12	-	49	1:20:13	170	1:31:12
Sprint Start	-	15:26	-	44	7:06	160	8:15	-	3:01:38	-	49	1:27:13	169	1:39:27
Sprint Finish	-	5:23	-	48	2:43	166	3:25	-	3:07:01	-	49	1:29:18	169	1:42:24
Finish	-	20:57	-	47	11:24	167	12:02	25.00	3:27:58	-	49	1:39:48	169	1:54:26