



Detailed evaluation

Balode, Ilona

Club: Salacgrīvas Buki
Number: 1101

Course: 22.00 km
Stirnu buks

Category:
SB3

Total time: 2:31:32

Speed: 8.71 km/h

Rank in course/Total: 252 (of 368)

Rank in course/Women: 66 (of 139)

Best time in course: 1:44:14

Rank in category: 17(of 37)

Best time in the category: 1:56:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Sprint Start	-	33:23	-	13	5:56	48	8:38	-	33:23	-	13	5:56	48	8:38
Sprint Finish	-	2:28	-	16	0:39	63	0:54	-	35:51	-	14	6:33	49	9:20
104	-	26:09	-	17	4:34	69	7:49	-	1:02:00	-	15	11:06	57	17:03
105	-	42:38	-	18	10:32	73	14:06	-	1:44:38	-	16	21:35	62	31:09
106	-	31:33	-	23	9:07	81	10:59	-	2:16:11	-	17	30:42	66	42:06
Finish	-	15:21	-	24	4:10	78	5:12	22.00	2:31:32	-	17	34:52	66	47:18